



- Jane Bishop ..... February 3rd
- Judy Lee Coffey ..... February 6th
- Marie Barilone ..... February 11th
- Betty Hill ..... February 11th
- Ginger Trunk ..... February 19th
- Madeline McKenzie ..... February 25th

## Key to Martian Life May Not be Plentiful

Brines—mixtures of salt and water that resist evaporation and freezing more than regular water—may be the key to finding evidence of ancient or current life on Mars, and also serve as a supply of water for human colonists someday. However, brines may not be as prevalent on Mars as previously thought, according to the SciNews website.

Earlier studies of brines may have overestimated how long they could exist on the Martian surface with its cold, thin and arid atmosphere. That’s because those studies looked at separate phases of brine—freezing, boiling and evaporation. Newer research focusing on those properties at the same time suggests that brines aren’t as stable as scientists believed.

The most favorable conditions for Martian surface brines are likely to be in the mid- to high northern latitudes, in large impact craters in the southern hemisphere, and in the shallow subsurface near the Martian equator. In the best-case scenario, though, they’ll probably only be present for about 12 hours a day.



**HarborChase**

Assisted Living • Memory Care



*Celebrating Senior Living*

The HarborChase Wire: A Monthly Publication of HarborChase Wildwood AL

February 2021

## Management Team

**Melanie Boyd**

Executive Director

**Rita Howorka**

Director of Sales

**April Lannin**

Director of Nursing

**Tara Tortora**

Business Office Manager

**Zulaika Oliveras**

Director of Memory Care

**Alvin Smith**

Director of Maintenance

**Daniel Wright**

Director of Hospitality

**Colleen Egger**

Life Enrichment Director

## Celebrate Valentine’s Day with These Famous Lovers

Valentine’s Day celebrates love and happiness, and although real life offers plenty of true stories with happily-ever-after endings, many of us look to literature for inspiring tales of passion’s power. Get in the mood for love by rereading the novels, plays and poetry about these famous lovers (not all of whom lived happily ever after):

- **Romeo and Juliet.** Shakespeare’s tragic tale of young love: Teenagers from feuding families meet, fall in love, marry and ultimately end their lives rather than live without each other.
- **Tristan and Isolde.** A medieval tale of doomed love. Tristan falls in love with Isolde, who is betrothed to his uncle, Mark, king of Cornwall. Despite their enduring love, they are forced to marry others.
- **Odysseus and Penelope.** A happy ending for this one. Penelope remains faithful to her absent husband for 20 long years; Odysseus persists in his quest to return home after the Trojan War. Both overcome temptations and obstacles to be reunited at last.
- **Jane Eyre and Mr. Rochester.** Charlotte Brontë’s classic 19th-century novel tells the tale of a young governess and a gruff, lonely landowner with a dark secret. But love triumphs in the end.
- **Ralph and Alice Kramden.** OK, not a book, play or poem, but a classic TV show. Despite bickering, working-class struggles and the occasional threat to send Alice “to the moon!” the couple stayed together with love and devotion—and lots of laughter—for years and years.

*When you love someone, you love the whole person, just as he or she is and not as you would like them to be.*

*-Leo Tolstoy*



Assisted Living • Memory Care

1477 Huey St  
Wildwood, FL 34785  
352-399-9989





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# HarborChase Of Wildwood - Assisted Living



February 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>9:00 Monday Morning News <b>1</b>  <b>10:00 Step To The Beat w/ Cissy</b>                      11:00 Crazy 8's Card Game                      1:00 Cribbage                      2:00 Uno w/ Friends                      3:30 Potluck Poker                      7:00 Patio Chats</p>	<p>9:00 Monday Morning News <b>1</b>  <b>10:00 Step To The Beat w/ Cissy</b>                      11:00 Crazy 8's Card Game                      1:00 Cribbage                      2:00 Uno w/ Friends                      3:30 Potluck Poker                      7:00 Patio Chats</p>	<p>9:00 Villages News &amp; Views <b>2</b>                      10:00 Exer-Stretch                      11:00 Learn to Wii Bowl                      1:30 Thank You Letters for Our Mail Carrier                      3:30 Resident Choice Card Game                      7:00 Patio Relaxation</p>	<p>9:00 What's News Wednesday <b>3</b>  <b>10:00 Moovin &amp; Groovin w/ Bobby</b>  <b>12:00 Lunch Bunch</b>  <b>2:00 Dave &amp; Vicky Musical Performance</b>                      3:30 Fantastic Fan Tan Fun                      7:00 Patio Chats</p>	<p>9:00 Thursday Chronicles <b>4</b>                      10:00 Stretch &amp; Strength                      11:00 Word Search CraziNESS  <b>1:30 Arts &amp; Crafting</b>                      3:00 Buzzword                      3:30 Resident Choice Card Game                      7:00 Fireside Relaxation</p>	<p>9:00 Fresh Off the Press <b>5</b>                      10:00 Yoga Stretching                      10:45 Life Journaling Club                      11:00 Wii Bowling                      1:00 Cribbage  <b>2:00 Cash In Bingo</b>                      3:30 Poker                      7:00 Relax and Reflect</p>	<p>9:00 Front Page Press <b>6</b>                      10:00 Perplexing Puzzles                      11:00 Word Search Fun                      3:00 Cocktail Hour  <b>3:30 Luck of the Draw Poker</b>                      7:00 Patio Chats</p>
<p>9:00 Extra Extra Read All About It <b>7</b>  <b>10:30 Trinity Lutheran Worship</b>                      11:00 Morning Garden Meditation  <b>2:00 Cover-All Bingo</b>  <b>2:30 Super Bowl Snacking Fun</b>                      3:15 Olivia's Word Games                      3:30 Poker Fun</p>	<p>9:00 Monday Morning News <b>8</b>  <b>10:00 Step To The Beat w/ Cissy</b>                      11:00 You Be The Judge                      1:00 Cribbage                      2:00 Uno Throwdown                      3:30 Potluck Poker                      7:00 Patio Chats</p>	<p>9:00 Villages News &amp; Views <b>9</b>                      10:00 Exer-Stretch                      11:00 Learn to Wii Bowl                      1:30 Valentine's Day Cards                      3:30 Resident Choice Card Game                      7:00 Patio Relaxation</p>	<p>9:00 What's News Wednesday <b>10</b>  <b>10:00 Moovin &amp; Groovin w/ Bobby</b>  <b>12:00 Lunch Bunch</b>                      3:00 Cocktails with Friends                      3:30 Fantastic Fan Tan Fun  <b>3:30 Petrina's Musical Madness</b>                      7:00 Patio Chats</p>	<p>9:00 Thursday Chronicles <b>11</b>                      10:00 Chair Exercises                      11:00 TedTalks  <b>1:30 Sunset Painting</b>                      3:00 Buzzword                      3:30 Resident Choice Card Game</p>	<p>9:00 Fresh Off the Press <b>12</b>                      10:00 Yoga Stretching                      10:45 Life Journaling Club                      11:00 Wii Bowling                      1:00 Cribbage  <b>2:00 Big Bucks Bingo</b>                      3:30 Poker</p>	<p>9:00 Front Page Press <b>13</b>                      10:00 Perplexing Puzzles                      11:00 Crossword Times  <b>2:00 Valentine's Sock Hop w/ Jennifer</b>  <b>3:30 Luck of the Draw Poker</b>                      7:00 Patio Chats</p>
<p>9:00 Extra Extra Read All About It <b>14</b>  <b>10:30 Trinity Words of Hope Worship</b>                      11:00 Morning Garden Meditation  <b>2:00 Try Your Luck Bingo</b>                      3:15 Big Word Little Words                      3:30 Poker Fun</p>	<p>9:00 Monday Morning News <b>15</b>  <b>10:00 Step To The Beat w/ Cissy</b>                      11:00 Random Acts of Kindness                      1:00 Cribbage                      2:00 Uno Semi-Finals                      3:30 Potluck Poker                      7:00 Patio Chats</p>	<p>9:00 Villages News &amp; Views <b>16</b>                      10:00 Exer-Stretch                      11:00 Learn to Wii Bowl  <b>2:00 Mardi Gras w/ Andrew &amp; Terry Dean</b>                      3:30 Resident Choice Card Game                      7:00 Patio Relaxation</p>	<p>9:00 What's News Wednesday <b>17</b>  <b>10:00 Moovin &amp; Groovin w/ Bobby</b>  <b>12:00 Lunch Bunch</b>  <b>2:00 Chef Chat</b>                      3:30 Fantastic Fan Tan Fun                      7:00 Patio Chats</p>	<p>9:00 Thursday Chronicles <b>18</b>                      10:00 In Shape Fitness  <b>11:00 Let's Explore Venice</b>  <b>2:00 Resident Council</b>                      3:00 Buzzword                      3:30 Resident Choice Card Game</p>	<p>9:00 Fresh Off the Press <b>19</b>                      10:00 Yoga Stretching                      10:45 Life Journaling Club                      11:00 Wii Bowling                      1:00 Cribbage  <b>2:00 Bingo Bonanza</b>                      3:30 Poker</p>	<p>9:00 Front Page Press <b>20</b>                      10:00 Perplexing Puzzles                      11:00 You Br the Judge  <b>1:30 Water Color Painting</b>  <b>3:30 Luck of the Draw Poker</b>                      7:00 Patio Chats</p>
<p>9:00 Extra Extra Read All About It <b>21</b>  <b>10:30 Keeping the Faith Worship</b>                      11:00 Morning Garden Meditation  <b>2:00 Lucky Number Bingo</b>                      2:00 Time for Some Cocoa                      3:30 Poker Fun</p>	<p>9:00 Monday Morning News <b>22</b>  <b>10:00 Step To The Beat w/ Cissy</b>                      11:00 Court Cases                      1:00 Cribbage                      2:00 Uno for the Championship                      3:30 Potluck Poker                      7:00 Patio Chats</p>	<p>9:00 Villages News &amp; Views <b>23</b>                      10:00 Exer-Stretch                      11:00 Learn to Wii Bowl  <b>2:30 Buddy's Fantastic Tunes</b>                      3:30 Resident Choice Card Game                      7:00 Patio Relaxation</p>	<p>9:00 What's News Wednesday <b>24</b>  <b>10:00 Moovin &amp; Groovin w/ Bobby</b>  <b>11:30 Lunch Bunch</b>  <b>1:30 Carnival Fun &amp; Games</b>                      3:30 Fantastic Fan Tan Fun                      7:00 Patio Chats</p>	<p>9:00 Thursday Chronicles <b>25</b>                      10:00 Cardio Corner                      11:00 Charades  <b>1:30 Renoir the Artist w/ Dodie</b>                      3:00 Buzzword                      3:30 Resident Choice Card Game</p>	<p>9:00 Fresh Off the Press <b>26</b>                      10:00 Yoga Stretching                      10:45 Life Journaling Club                      11:00 Wii Bowling                      1:00 Cribbage  <b>2:00 Bingo for the Bucks</b>  <b>2:00 Buckle Down w/ Bingo</b>                      3:30 Poker</p>	<p>9:00 Front Page Press <b>27</b>                      10:00 Perplexing Puzzles                      11:00 Crazy 8's  <b>1:30 Polar Bear Art Project</b>  <b>3:30 Luck of the Draw Poker</b>                      7:00 Patio Chats</p>
<p>9:00 Extra Extra Read All About It <b>28</b>  <b>10:30 Sunday Devotions w/ Trinity</b>  <b>10:30 Trinity Worship Services</b>                      11:00 Morning Garden Meditation  <b>2:00 Hit it Big Bingo</b>                      2:00 Bingo Bonanza                      3:30 Poker Fun</p>						



# Hello, FEBRUARY

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- AMERICAN HEART MONTH
- AMETHYST
- AQUARIUS
- ASH TREE
- BLACK HISTORY MONTH
- GODDESS FORTUNA
- GROUNDHOG DAY
- LEAP DAY
- PISCES
- PRESIDENTS DAY
- PRIMROSE
- PURIFY
- ROWAN TREE
- SUPER BOWL
- SUSAN B ANTHONY DAY
- VALENTINES DAY
- VIOLET
- WINTER

# Happy Valentine's Day

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## Fighting for Civil Rights

When the NAACP was created in February of 1909, no one could foresee the impact it would have on civil rights in America. The nonprofit organization is the largest, oldest civil rights group in the nation, with racial equality remaining at the forefront of its mission. The NAACP's historical impact has been immeasurable:

- At the group's inception, a primary focus was to stop the practice of lynching, the number of which decreased substantially by the 1930s thanks to the NAACP's efforts.
- One of the most prominent legal victories in civil rights history was the NAACP's 1954 win in *Brown vs. Board of Education*, where segregation in schools became outlawed.

- The first African-American Supreme Court justice, Thurgood Marshall, was the head of the NAACP's legal team in the *Brown vs. Board of Education* case.
  - The Civil Rights Act of 1964 and the Voting Rights Act of 1965 were integral victories in the uphill legal battles faced by the NAACP, addressing issues such as workplace discrimination and minority voting.
  - Many famous historical figures have belonged to the NAACP, including Eleanor Roosevelt, Albert Einstein, Lena Horne, Sammy Davis, Jr., and Jackie Robinson.
- Now, the NAACP is 300,000 members strong and continues to change the course of civil rights in this nation.



## Valentine's Day Doesn't Have to Break the Bank

Looking for something to do with your sweetheart on Valentine's Day that's not too expensive? Try these ideas:

- Read a story together. Buy two copies of your favorite book or story (or borrow them from your library) and spend the evening discussing it. You may both learn things you didn't know about the story (and each other).
- Team up on a new recipe. Instead of going out to a restaurant, delve into your cookbooks and find a meal to collaborate on. Choose something different and challenging and enjoy the results.
- Visit a museum. Your town probably has a museum (or two) that you've never been to. Or a landmark you haven't seen yet. Select someplace new and check it out together.
- Go ice skating. If you live in a cold climate, find an ice rink nearby and go out for an hour or two of gliding—or falling—around together. Most rinks will rent skates for a minimal fee.



Mardi Gras' roots lie in the Christian calendar as a last day of indulgence before Lent begins on Ash Wednesday. What is less known about Mardi Gras is its relation to the Christmas season and Carnival.

Carnival comes from the Latin words *carne vale*, meaning "farewell to the flesh." Like many Catholic holidays and seasonal celebrations, it likely has its roots in pre-Christian traditions based on the seasons. As early as the middle of the second century, the Romans observed a Fast of 40 Days, which was preceded by a brief season of feasting, costumes and parties.

The Carnival season kicks off with the Epiphany, also known as Twelfth Night, which falls on January 6, twelve

days after Christmas. Epiphany celebrates the visit of the Wise Men bearing gifts for the infant Jesus. In cultures that celebrate Carnival, Epiphany kicks off a series of parties leading up to Mardi Gras.

Mardi Gras came to the New World in 1699, when a French explorer arrived at the Mississippi River, about 60 miles south of present day New Orleans. He named the spot Point du Mardi Gras because he knew the holiday was being celebrated in his native country that day. Mardi Gras literally means "Fat Tuesday" in French. The name comes from the tradition of slaughtering and feasting upon a fattened calf on the last day of Carnival.



## A Groundhog by Any Other Name

How many nicknames can one animal have? Apparently quite a few, especially if you're able to predict the weather. Known as the "Sage of Sages" and "Seer of Seers" among many others, groundhog Punxsutawney Phil's famed status began taking shape in 1887 following his debut at Gobbler's Knob in Pennsylvania.

The use of such an animal to predict weather patterns was a longstanding European tradition, which made its way to Pennsylvania with the Germans in the 1700s. Dubbed "Candlemas Day," Feb. 2 marked the pivotal halfway point between winter and spring. An animal casting his shadow on Feb. 2 meant the sun was shining and six additional weeks of winter would ensue. The Germans relied on badgers as their weather guide for the longest, but eventually the switch was made to the groundhog.

Incidentally, accuracy has nothing to do with Punxsutawney Phil's notoriety. His weather predictions have proven reliable only 39 percent of the time.